

## NEPSSA Diving Entry Procedure 2008

### Instructions for submitting diving sheets:

Open the attachment and save as your diver's name (i.e. JohnSmith.xls).

Type in the necessary information for the diver's name, school, and coach's email.

Type in the information for each dive: dive #, description, position, DD.

*Italicize* the five voluntary dive numbers.

*Italicize* the diver's gender.

Save the completed sheet.

Send sheets as attachments in an email to Mary Pat Gritzmacher at  
mpgritzmacher@westminster-school.org no later than

***Monday, February 18, by 2:00pm.***

The printed sheets will be available for divers and coaches to sign at Deerfield on Friday evening (Feb 29) as well as at warm-ups for the diving events.

As you create your lists remember to adhere to the following **Championship Diving Requirements:**

a) Five Voluntary Dives shall come from each of the five groups, with their assigned DD having a sum total of 9.0 or less.

*Italicize* the five voluntary dive numbers.

b) The Six Optional Dives shall include at least one chosen from each of the five groups. Not more than one optional dive from the same group is permitted through the semifinals.

c) All five groups must be represented in the first eight rounds.