

NEPSSA Div. III
Championships
Hosted by Eaglebrook School
At Deerfield Academy
March 3, 2012

You will find the Championship meet announcement attached containing.

1. General meet announcement for all three divisions which contains the suggested cut times. For div. III most of the times are listed as NT which means there is no entry time required.

2. A meals form is included which should be returned to the person listed at the bottom of the form to Deerfield Academy. Athletes and coaches only, no parents. The meals are a courtesy, if you want to eat elsewhere in the area you are more than welcome, or your team may opt for only one of the meals at Deerfield Academy (have breakfast at the hotel and lunch at DA) your choice. **Deerfield Academy has a no cell phone use policy in their dining hall, please respect this policy.**

3. HY-Tek Events file for entering the meet. All meet entries will be sent to John Liller at john.liller@worcesteracademy.org by Monday Feb. 20.

4. USS observation form. If any of your swimmers wish to have to have their swims observed by a USS official for inclusion in the USA Swimming data-base they need to fill out this form and submit it with \$5.00 per swim.

Diving entry forms should be scanned and e-mailed to Bob Menk rmenk@ne.rr.com by Monday Feb. 20.

All diving prelims will take place at Westminster School on Friday March 2, per the following schedule.

12 PM general warm-up

1 PM girls warm-up
2 PM girls pre-lims
3:30 PM boys warm-up
4:30 PM boys prelims

Div III divers will finish their last three final dives at the div. III finals on Sat. night right after the 50 Freestyle event.

All Swimming events will take place March 3, at the Deerfield Academy Pool.

General warm-up 6:30-8:30 AM

Prelims 9AM-12 PM

Finals warm-up 4:30-5:30 PM

Finals events start 5:30 PM

The 500 free will be swum as timed finals. The top 16 seeds in this event will swim at night during finals as well as all relays.

Relay cards will be in your coaches packets available at the beginning of trials. Please turn in relay names on the cards provided after trials if possible, or at the beginning of finals warm-ups.

Each team entered is required to provide at least 2 stop watches and 2 timers for each session. There will be a coaches meeting at 8 AM in the coaches room off the pool deck, and timers meeting at 8:30 AM in the same spot.

No Shaving will be allowed in the locker rooms or lavatories. Each team will be assigned a locker room to be shared with another team, and a seating area on the pool deck.

There will be signs from Route 5 directing parking for spectators. All athletes should be dropped off in front of the athletic complex, after drop off busses and vans will be directed to the proper parking area.

There are many restaurants in Greenfield, Deerfield, and Northampton. If you are looking for a place to go don't hesitate to ask.

Lodging:

Red Roof Inn Deerfield 413-665-7161

Hampton Inn and Suites Greenfield 413-773-0057

Days Inn Greenfield

These are the closest, you can find additional lodging in Northampton, approximately 20 minutes from the pool.

I think I got all the information, but probably didn't so.....

If you have any questions or concerns please contact:

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Dan Moran dmoran@wmanet.org